



## National Lifeguard – Candidate Evaluation

Candidate Name: \_\_\_\_\_ Exam Date: \_\_\_\_\_

Item	Description	Pass	Fail
Pool 1	Lifeguarding theory and practice		
Pool 2a	Physical standard: object recovery		
Pool 2b	Physical standard: underwater swim		
Pool 2c	Physical standard: sprint challenge		
Pool 2d	Physical standard: rescue drill		
Pool 2e	Physical standard: endurance challenge		
Pool 2f	Physical standard: approach and carry		
Pool 3	Pool facility analysis		
Pool 4	Lifeguard communication		
Pool 5a	Pool supervision: scanning and observation		
Pool 5b	Pool supervision: positioning and rotation		
Pool 5c	Pool supervision: intervention		
Pool 6	Entries and removals		
Pool 7	Pool emergencies: specialized techniques		
Pool 8	Facility search: missing person		
Pool 9a	Management of distressed or drowning victim		
Pool 9b	Management of submerged, non-breathing victim		
Pool 9c	Management of spinal-injured victim		
Pool 9d	Management of an injured swimmer		
Pool 10	Lifeguarding situations		
<b>Performance standards and criteria for each item are found in the National Lifeguard Award Guide.</b>			

Notes on Performance:

Candidate Signature: \_\_\_\_\_ Examiner Signature: \_\_\_\_\_