



LIFESAVING SOCIETY
SOCIÉTÉ DE SAUVETAGE

The Lifeguarding Experts

Les experts en surveillance aquatique

Compression-Only CPR Statement

Compression-only CPR not appropriate in drowning

Recent media reports have highlighted an American Heart Association statement regarding compression-only CPR (without rescue breaths).

The International Life Saving Federation Medical Commission chaired by Dr. Steve Beerman, has issued a clarification statement (see attached ILS Clarification Statement on Cardiopulmonary Resuscitation) stressing that compression-only CPR is inappropriate in many situations including drowning.

There is no change in Lifesaving Society policy, teaching or evaluation criteria. Lifesaving Society instructors and examiners should continue to use existing candidate and instructor resources in teaching and evaluating candidates in resuscitation.

For further information, *contact*: Kathy Plett, Program Coordinator. Phone 204-956-2124; e-mail kplett@lifesaving.mb.ca.