

Instructor Information		Host Information	
Instructor Name		Facility/Pool Name	
Email		City/Town	
Telephone		Contact Name	
		Email	
Date (yyyy / mm / dd)		Telephone	



Candidate Name	Skills			Final Evaluation			Challenge Activities					
	Roll into Deep Water	Tread Water 1 minute	Swim 50 metres	Achieved the S to S Standard	Achieved the S to S Standard in a PFD	Attempted the S to S Standard	Entry from a height (optional)	Stride Entry (optional)	Shallow or Deep Dive (optional)	Treading Water - longer time (optional)	Swim - Longer distance (optional)	S to S standard with clothes on (optional)
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Total