



LIFESAVING SOCIETY®
SOCIÉTÉ DE SAUVETAGE

The Lifeguarding Experts

Les experts en surveillance aquatique

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2016 CPR & FIRST AID UPDATE PROCESS

For Lifesaving Society Instructors regarding the CPR and first aid updates for Lifesaving Society programs.

Hello Lifesaving Society Instructors;

Changes in resuscitation, CPR and first aid protocols are made every five years based on a review of the latest scientific research. The 2016 Canadian Consensus Guidelines were developed by the Canadian Consensus Task Force (comprised of the Heart & Stroke Foundation Canada, the Lifesaving Society, the Canadian Red Cross, St. John Ambulance and the Canadian Ski Patrol). These Guidelines were developed from the most recent changes released by the International Liaison Committee on Resuscitation and the American Heart Association in 2015.

The Lifesaving Society has integrated the 2016 Canadian Consensus Guidelines into its training programs and is now prepared to implement the new standards.

CPR and First Aid Update Process

The Canadian Consensus Guidelines Task Force requires that all first aid training agencies update their instructors. The Lifesaving Society has developed a web based update process for all of its instructors.

Who must complete a 2016 CPR and First Aid Update?

- This update is part of the mandatory recertification requirements for all Lifesaving Instructors, CPR & First Aid Instructors, National Lifeguard Instructors, Lifesaving Instructor Trainers, First Aid Instructor Trainers and National Lifeguard Instructor Trainers.
- All Lifesaving Society Instructors and Examiners and Instructor Trainers who wish to remain current must complete a Mandatory 2016 CPR and First Aid Update.
- Lifesaving Society Instructors and Examiners who have not been active over the past few years, but may want to re-activate their instructor and examiner qualifications also must complete a Mandatory 2016 CPR and First Aid Update.

What is the update process?

- Either watch the YouTube live stream event on October 24th, 2016 from 7 to 9pm, or view the YouTube video of the event at a later date. The link to the Lifesaving Society YouTube channel is: https://www.youtube.com/channel/UCuWDQHNOhjg_botepGNIZhg
- Sign up for a Toolkit account. The link is: <http://lifesaving.mb.ca/toolkit/>.
- Log into the Toolkit, complete and submit the 2016 CPR & First Aid update assignment – located in the Toolkit at: <http://lifesaving.mb.ca/toolkit/courses/fa-update-2016/>.
- Pay the recertification fee using the payment link located in the Toolkit at: <http://lifesaving.mb.ca/toolkit/courses/fa-update-2016/>. From now until March 31, 2017 the fee for the update is \$20.00. Effective April 1, 2017 the fee will be \$30.00.
- You must also purchase the updated Canadian First Aid Manual and First Aid Award Guide from the Toolkit or through the office. Note the cost of the required manuals is extra.

Administration:

- The Society will record in each member's personal record the date when they completed the entire 2016 CPR & First Aid Update process and display it in "Find a Member".
- Certification cards will not be issued.

Recertification:

- Lifesaving Society leadership personnel will not be recertified without proof of having completed the 2016 CPR & First Aid Update (see previous Who must complete information).

Implementation

- Transition to the new protocols must be completed by March 31, 2017. *All Lifesaving Society programs with first aid content must be taught using the new protocols by April 1, 2017.*
- Any Lifesaving and First Aid Instructors who have not passed a First Aid Update course by March 31, 2017 will not be able to teach or examine Lifesaving Society programs until they do so.
- After March 31, 2017 instructors will not be recertified without proof of completing the 2016 CPR & First Aid Update.
- All new literature will be clearly marked on the front cover. In the upper left corner, it will read "with the 2015 CPR Guidelines". We will be providing an insert supplement for the Bronze Medal Award Guide. This supplement will be available in the Lifesaving Instructor section of the Toolkit
- Lifesaving Society Instructors, Examiners and National Lifeguards should not change their teaching, evaluation, or performance of resuscitation skills until they have completed the 2016 CPR & First Aid Update and their employer has implemented the new standards.
- Through the transition, examiners evaluate candidates according to the protocols they were taught. Under no circumstances should candidates for Lifesaving Society awards taught under the current standards be penalized because they do not perform the revised protocols.

Literature Resources

The following Lifesaving Society Resources will be updated with the CPR and First Aid Revisions

- ✓ Lifesaving Society Manitoba Toolkit; includes updated written first aid tests, test sheets and first aid power point presentations.
- ✓ Canadian First Aid Manual
- ✓ Canadian Lifesaving Manual
- ✓ Canadian HCP Manual
- ✓ Alert: Lifeguarding in Action
- ✓ Canadian CPR Manual
- ✓ Bronze Medal, National Lifeguard and First Aid Award Guides

Should you require further information, please contact me.

Sincerely,

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