

**Additional Comments:**

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**PLEASE NOTE**

This evaluation record is intended for informational purposes only to help candidates and parents understand exam outcomes. It **does not** replace the certification card issued by the Lifesaving Society as proof of Bronze Medallion Certification. If you have successfully completed your Bronze Medallion Certification and have not received your card within 1 month of the date of the test, please contact the Lifesaving Society —Manitoba Office.

# Bronze Medallion Candidate Evaluation Form



Lifesaving Society Manitoba  
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**Examiner Signature:**

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**LIFESAVING SOCIETY**  
**SOCIÉTÉ DE SAUVETAGE**

*The Lifeguarding Experts*  
*Les experts en surveillance aquatique*

**Candidate Name:** \_\_\_\_\_

**Course Location:** \_\_\_\_\_

**Course Dates:** \_\_\_\_\_

**Instructor Name:** \_\_\_\_\_

**Examiner Name:** \_\_\_\_\_

Item	Pass/Fail - Comments
<p><b><u>1) The Lifesaving Society</u></b></p> <ul style="list-style-type: none"> <li>• Demonstrate knowledge of the Lifesaving Society and its training program opportunities.</li> </ul>	
<p><b><u>2) Drowning Chain of Survival</u></b></p> <ul style="list-style-type: none"> <li>• Demonstrate knowledge of the Drowning Chain of Survival.</li> </ul>	
<p><b><u>3) Rescue Process</u></b></p> <ul style="list-style-type: none"> <li>• Demonstrate knowledge of the Ladder Approach and the Rescuer's Checklist and how the rescuer uses them in decision making.</li> </ul>	
<p><b><u>4) Cold Water</u></b></p> <ul style="list-style-type: none"> <li>• Demonstrate knowledge of the dangers of cold water immersion and risk to the rescuer in cold water rescues.</li> </ul>	
<p><b><u>5) Self-Rescue</u></b></p> <p>a. Wearing a long-sleeve shirt and long pants, demonstrate (safely) a disorienting entry and swim 15m. Remove and inflate pants and form a huddle for 1 minute with two or more others.</p> <p>b. Wearing clothing, simulate self-rescue techniques for cold water and moving water.</p>	
<p><b><u>6) Swimming &amp; Lifesaving Strokes</u></b></p> <p>a. Swim 25m or yd. each of: front crawl, back crawl, breaststroke.</p> <p>b. Swim 25m or yd. each of: head-up front crawl, head-up breaststroke.</p> <p>c. Swim 25m or yd. each of: whip kick, eggbeater, scissor kick, or inverted scissor kick.</p>	
<p><b><u>7) Victim Recognition</u></b></p> <p>a. In the water, simulate the appearance of a weak swimmer, a non-swimmer, an unresponsive victim, and an injured victim.</p> <p>b. Recognize the difference between a weak swimmer and a non-swimmer and recognize an unresponsive victim and an injured victim.</p>	
<p><b><u>8) Entries &amp; Removals</u></b></p> <p>a. Demonstrate three entries with aids and three entries without aids.</p> <p>b. With the assistance of an untrained bystander, demonstrate the removal of aconscious and an unresponsive victim.</p>	
<p><b><u>9) Defences &amp; Releases</u></b></p> <p>a. In ready position, demonstrate ability to scull forward, backward and sideways for60 seconds.</p> <p>b. Demonstrate three Defences from the front, side, and rear, and three releases from the front, side, and rear. Assume a ready position and communicate verbally after each defence and release</p>	
<p><b><u>10) Tows &amp; Carries</u></b></p> <p>a. Demonstrate the use of three towing aids: tow a passive victim 15m with each aid.</p> <p>b. Demonstrate three assistive carries and three control carries: carry a passive victim 15m with each carry.</p>	
<p><b><u>11) Search</u></b></p> <ul style="list-style-type: none"> <li>• Demonstrate an effective shallow water search</li> </ul>	
<p><b><u>12) Submerged Victim Recovery</u></b></p> <ul style="list-style-type: none"> <li>• Demonstrate recovery of an unresponsive victim from deep water: surface and carry victim to a point of safety 5m distant.</li> </ul>	
<p><b><u>13) Drowning Resuscitation</u></b></p> <ul style="list-style-type: none"> <li>• On a manikin, demonstrate single-rescuer adult, child and infant drowning resuscitation including ability to deal with complications.</li> </ul>	
<p><b><u>14) Rescue Drill</u></b></p> <ul style="list-style-type: none"> <li>• Enter the water and swim head-up 25m or yd. to contact a passive victim or manikin located at the surface and carry 25m or yd.</li> </ul>	
<p><b><u>15) Endurance Challenge</u></b></p> <ul style="list-style-type: none"> <li>• Swim 400m within 12 minutes (400 yd. within 11 minutes).</li> </ul>	
<p><b><u>16) Risk Assessment &amp; Response</u></b></p> <p>a. While modelling safe personal behaviour, conduct a safety assessment of anaquatic environment and its activities.</p> <p>b. Identify and remove hazards where applicable and intervene in unsafe activities where appropriate.</p>	
<p><b><u>17) Rescue 1 – From Land</u></b></p> <ul style="list-style-type: none"> <li>• Perform a low-risk, non-contact rescue from land of a weak or tired swimmer, located no more than 10m away.</li> </ul>	
<p><b><u>18) Rescue 2 – Open Water</u></b></p> <ul style="list-style-type: none"> <li>• Perform a non-contact rescue of a tired or weak swimmer or non-swimmer in open water with a towing aid or craft. Approach 20m or yd. and tow 20m or yd. to safety.</li> </ul>	
<p><b><u>19) Rescue 3 – Non-Breathing Victim</u></b></p> <ul style="list-style-type: none"> <li>• Perform a rescue of a non-breathing victim located at the surface in deep water, 5m from a point of safety. Remove victim and perform CPR on a manikin.</li> </ul>	