

NATIONAL LIFEGUARD WATERFRONT – Final Evaluation



Candidate Name: _____

Location: _____ Exam Date: _____

Item – Performance criteria are found in the <i>National Lifeguard Award Guide</i> .	Pass	Fail
1. Lifeguarding theory and practice		
2. Waterfront facility analysis		
3. Rescue aid proficiency		
4. Entries and removals		
5. Skin diving skills		
6. Rescue drill		
7. Use of rescue craft		
8a. Physical standard: sprint challenge		
8b. Physical standard: endurance challenge		
9. Lifeguard communication		
10a. Waterfront supervision: positioning and rotation		
10b. Waterfront supervision: scanning and observation		
10c. Waterfront supervision: prevention and intervention		
11. Waterfront search: missing person		
12a. Management of distressed or drowning victim		
12b. Management of submerged, non-breathing victim		
12c. Management of spinal-injured victims		
12d. Management of an injured victim		
13a. Lifeguard situation: single guard		
13b. Lifeguard situations: team		

Performance Notes:

Examiner Signature