

2019 MANITOBA LIFEGUARD CHAMPIONSHIPS

*The Lifesaving Society invites you to the 41st annual
Manitoba Lifeguard Championships*

- DATE** Friday, March 22 & Saturday, March 23, 2019
- LOCATION** **St. James Assiniboia Centennial Pool**
644 Parkdale St, Winnipeg, MB R2Y 0X4
Winnipeg, Manitoba
- ELIGIBILITY** Competitors must:
- Hold a current Lifesaving Society National Lifeguard Service certification.
- COMPETITION** The competition is not considered sanctioned for the purpose of setting Canadian or International records. Canadian Competition Manual (2019 edition) rules will be followed.
- EVENTS**
- | | | |
|---------------------|------------------|------------------------|
| Priority Assessment | First Aid | Water Rescue |
| Obstacle Relay | Medley Relay | Manikin Relay |
| Line Throw | Line Throw Relay | Lifeguard Skills Relay |
- AWARDS** Awards will be issued in accordance with Communiqués #1 & 2 from January 2019
- ENTRY DEADLINE** **Registration and complete entries must be received by March 18, 2019. No late entries will be accepted. Early Bird Registration Deadline – March 4, 2019**
Registration and entries are considered complete when original copies of all of the following have been received at.
- Registration form completed in full.
 - Payment in full.
 - Waiver and Release form – completed and signed by all competitors (and parents/guardians as appropriate), coach and manager.
 - Event Entry form completed in full.
 - Proof of age and a copy of each competitor's Lifesaving Society award (or member ID code).
 - The Lifeguardshop Link for payment and the registration form is:
<https://lifeguardshop.ca/products/2018-manitoba-lifeguard-championship-team-registration>
 - The link for extra dinner tickets is: <https://lifeguardshop.ca/products/2018-mb-competition-extra-banquet-ticket>
- ACCOMMODATION** All suggested hotels are about 5 a minute drive from the competition site.
- The Canad Inns Polo Park 1405 St. Matthews Avenue Winnipeg, MB: 204-775-8791
 - The Comfort Inn 1770 Sargent Avenue Winnipeg, MB: 204-783-5627
 - Country Inn & Suites 730 King Edward Street Winnipeg, MB: 204-783-6900
 - Greenwood Inn 1715 Wellington Avenue Winnipeg, MB: 204-775-9889
 - Holiday Inn Winnipeg-Airport West 2520 Portage Avenue Winnipeg, MB: 204-885-4478

SCHEDULE OF EVENTS

Friday March 23, 2018 – St. James Assiniboia Centennial Pool		Saturday March 24, 2018 – St. James Assiniboia Centennial Pool	
Time	Events	Time	Events
4:30pm	Registration/Check In Opens	7:30 – 8:00am	Registration/Check In Opens
5 – 5:30pm	Swim Warm Up	8:00 – 8:15am	Team Lock Up Begins
5:30 – 10:00pm	Physical Events	8:30am – 5:00pm	Emergency Rescue Response Events
10:00pm	Pool Closure	7:00pm	Awards Banquet & Medal Presentations (Location TBA)

- Note times subject to change depending upon number of teams entered