



## Lifesaving Society Manitoba Northern Water Smart® Program 2026

Lifesaving Society Manitoba's **Northern Water Smart® Program** aims to make your community Water Smart® this July and August! Here is the information package and application form for the 2026 program.

There is no charge to the participants in any of the courses, but your community must provide clean, safe, and secure **accommodations** for the two or three instructors during their week-long stay and pay a **\$200.00 community access fee**.

The **Swim to Survive Lessons are required** to be offered during our visit. In case of inclement weather or other unforeseen circumstances Water Smart for Kids will be held in place of Swim to Survive Lessons (this will require an indoor/sheltered area).

❖ **Swim to Survive® Lessons:** For anyone **age 6 and older**; we run 3 - 4 days of 3 hour survival swimming lessons (weather dependent). Certificates are mailed out for *all* participants. The three skills they learn to prevent drowning are:

- Safe entries for falling into the water (don't panic),
- How to tread water for one minute (locate safety),
- How to swim for 50 metres (getting to safety).

In addition to the Swim to Survive Lessons, **you may choose 2 out of 3 additional activities** for your community.

1. **Boat Operator Accredited Training (B.O.A.T.)** – This 8 hour course allows successful candidates to earn their Transport Canada Pleasure Craft Operator (PCO) Card. Candidates must attend the entire course and pass a written multiple-choice test in order to be successful.
2. **Within Arms' Reach** – This 2 hour dryland program is for parents and caregivers of young children. It covers the supervision of young children in, on, and around water.
3. **Emergency First Aid & CPR Level C – 8.5-hour course:**  
Manitoba Workplace Health and Safety recognizes this course as Basic First Aid. Each candidate will learn basic rescue skills for general emergencies such as bleeding, breathing emergencies, burns, choking, heart attack, stroke and CPR and AED usage for adults, children, and infants.



## Community Responsibilities

To host our program, you and your community are required to:

- Provide clean, safe, and secure accommodations for the instructors during their entire week-long (Monday to Friday) stay **at no cost** to the instructors,
- Pay a \$200.00 community access fee to the Society. **DO NOT** send money to us until we confirm a visit with you and send an invoice.
- Market the program by using the best means for your community (e.g. posters, social media, etc.)
- Transport the instructors to and from the airport in your community (if applicable),
- Support the instructors during their stay by:
  - transporting them to and from waterfront and classroom locations,
  - assisting with organizing classes,
  - ensuring that instructors are safe and comfortable, and
  - always being reachable in case of emergency.

## Confirmation of Program Dates

Applications are due by 4:00 PM on **May 8, 2026**. Communities who have applied will be contacted to confirm visit dates or that they are on the waiting list by **May 29, 2026**.

## Program Acceptance

A total of **105 communities** are eligible to apply for visits from the Northern Water Smart Program. We offer a waiting list to communities we cannot schedule. While we value every community we service, we are unable to visit every community every year. Please understand that we strive to reach as many communities as possible each year.

## Program Schedule

**After June 2, 2026**, the instructors assigned to your community will be in touch to confirm all details, including the program schedule. Sample program schedules are part of the application package below. If none of the schedules work for your community, please let us know. We have some flexibility for scheduling depending on the needs of your community.

***We will not book our travel arrangements until we have confirmed all visit details with you.***

## Send In Your Forms!

To apply, please send **Pages 4 - 7** to our office by mail, e-mail, or fax by 4:00 PM on **May 8, 2026**. You may e-mail us at [watersmart@lifesaving.mb.ca](mailto:watersmart@lifesaving.mb.ca) to request an electronic copy of this package.

**Application Deadline: May 8, 2026 – 4:00 PM**

Lifesaving Society Manitoba  
100 – 383 Provencher Blvd  
Winnipeg, MB R2H 0G9  
Phone: (204) 956-2124 ext. 6  
Fax: (204) 944-8546  
[watersmart@lifesaving.mb.ca](mailto:watersmart@lifesaving.mb.ca)

## Tips on Completing Your Application

To ensure that your community has the best possible chance of being accepted for a program visit, please make sure that your application is sent to us no later than 4:00 PM on **May 8, 2026**. We will continue to accept applications after this date, but we cannot guarantee that any applications received after this date will be eligible for visits.

Please keep the following points in mind when filling in the application:

- Have you given us at least three different weeks that your community is able or willing to host the program? If you are willing to host at any time during the program period, you may state this in the Preferred Dates section
- Have you made sure that the preferred dates you have selected do not conflict with other special events running in the community?
- Have you clearly indicated which programs you want us to come and run in your community? We will run either three or four different courses depending on community needs. Exact scheduling will be worked out with your instructors once a visit has been set up.
- Have you made sure that both the Primary and Back-Up contacts know all of the details about the application and the visit? If we cannot get in touch with the primary contact, we will call the back-up contact and it is important that they know they are listed on the application and may receive phone calls.

**Application Deadline: May 8, 2026 – 4:00 PM**

**Lifesaving Society Manitoba**  
**100 – 383 Provencher Blvd**  
**Winnipeg, MB R2H 0G9**  
**Phone: (204) 956-2124 ext. 6**  
**Fax: (204) 944-8546**  
[watersmart@lifesaving.mb.ca](mailto:watersmart@lifesaving.mb.ca)

## Northern Water Smart® Program – Summer 2026 Application Form

Complete this form in full and return it to us by **May 8, 2026**, to request a program visit. Call us at (204) 956-2124 ext. 6 or email [watersmart@lifesaving.mb.ca](mailto:watersmart@lifesaving.mb.ca) with any questions.

<b>Community Information</b>
Community Name: .....

<b>Sponsor Agency Information</b> <ul style="list-style-type: none"> <li>Please provide us with some information about the agency within your community that is paying for the visit (band or community council, health agency, school board, etc.). <b><i>Please note, the information provided will be used for invoice information if your community hosts the program this year.</i></b></li> </ul>
Agency Name: ..... Main Office Phone: ..... Office Fax Number: ..... General E-mail: ..... Mailing Address: ..... .....

<b>Community Contact Information</b> <ul style="list-style-type: none"> <li>The Primary Contact person is expected to be in the community for the entire time our instructor(s) is visiting. They should be available <b>at all times</b> to assist the instructor(s) with the courses and any other opportunities that arise.</li> <li>You, or a designate, must be available to pick up the instructor(s) at the airport and take them to the course locations.</li> <li><b>You must provide at least one back-up contact person.</b></li> </ul>																	
<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; padding: 5px;"><b>Primary Contact Person</b></th> <th style="text-align: left; padding: 5px;"><b>Back-Up Contact Person</b></th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">Name: .....</td> <td style="padding: 5px;">.....</td> </tr> <tr> <td style="padding: 5px;">Work Phone: .....</td> <td style="padding: 5px;">.....</td> </tr> <tr> <td style="padding: 5px;">Cell/Home Phone: .....</td> <td style="padding: 5px;">.....</td> </tr> <tr> <td style="padding: 5px;">Fax Number: .....</td> <td style="padding: 5px;">.....</td> </tr> <tr> <td style="padding: 5px;">Email: .....</td> <td style="padding: 5px;">.....</td> </tr> <tr> <td style="padding: 5px;">Mailing Address: .....</td> <td style="padding: 5px;">.....</td> </tr> <tr> <td style="padding: 5px;">.....</td> <td style="padding: 5px;">.....</td> </tr> </tbody> </table>	<b>Primary Contact Person</b>	<b>Back-Up Contact Person</b>	Name: .....	.....	Work Phone: .....	.....	Cell/Home Phone: .....	.....	Fax Number: .....	.....	Email: .....	.....	Mailing Address: .....	.....	.....	.....	
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**Preferred Dates** - Please consider weather and water conditions when selecting preferred visit dates.

Please select **at least 3 options** and rank your options from 1 – 8 (1 being the best week to visit/highest choice, and 8 being the worst week to visit/lowest choice). Leaving a week empty (no ranking) indicates a visit **will not** work that week.

_____ June 29 to July 3, 2026	_____ August 4 to 7, 2026
_____ July 6 to July 10, 2026	_____ August 10 to 14, 2026
_____ July 13 to 17, 2026	_____ August 17 to 21, 2026
_____ July 20 to 24, 2026	_____ August 24 to 28, 2026
_____ July 27 31, 2026	_____ August 31 to September 4, 2026

Notes or Comments:

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**Course Locations & Space** – Please select any/all the options below that are available in your community to help support a visit.

- Indoor classrooms are available for First Aid and/or Water Smart® Safety Clinics.
- Audio-visual resources (microphone, projector & screen) are available in classroom space.
- Safe waterfront or beach available for Swim to Survive® lessons.
- Lifejackets/PFDs are available for Swim to Survive®
- Course sites are within walking distance (*otherwise you must provide transportation*)

Notes or Comments:

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**Course Selection** – Please select up to two of the elective courses you would like to run in your community. **Reminder that Swim to Survive® swim lessons are mandatory for all schedules.**

- Within Arm’s Reach Presentation
- Boat Operator Accredited Training (B.O.A.T.)
- Emergency (Basic) First Aid & CPR C

Notes or Comments:

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**Instructor's Accommodations**

- You are required to provide clean, safe, and secure accommodation for the instructor(s) during their entire week-long stay in your community. The accommodation must be at **no cost** to the instructor(s).

Name of Accommodation:.....

Contact at Accommodation:.....

Notes or Comments:.....

**Course Preparation & Staff Assistance** – *Please check off the statement below if you can provide the support for a visit.*

Community staff, summer students, or volunteers will help with the Swim to Survive® lessons. **This will include being in the water and remaining within arms' reach of children.**

Notes or Comments:

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*By signing below, you certify the information on this application form is correct and that you and your community will honour the obligations required for hosting our program.*

.....  
Primary Community Contact Signature

.....  
Date

*We look forward to working with you to help make your community even more Water Smart®!*

**Thank you for your application!**

To apply, please send **Pages 4 to 6** to our office via mail, e-mail, or fax by 4:00 PM on **May 8, 2026**.

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