Be Ice Smart This Winter!

Safety Equipment for your Next Trip

No ice is 100% safe at any time during Canadian winters. Changing ice conditions can make any area hazardous for travel without warning. If you go out **on** the ice you need to be prepared to go **through** the ice and **into** cold water!

Use the following checklists to see if you are ready for your trip!

Personal Safety Kit (Worn on your person, carried in hand, or stored in a water-proof case inside of your jacket at all times)

- □ Buoyant Snowmobile Suit ("Floater Coat") or Lifejacket/PFD
- □ Ice Picks
- □ Ice Staff/Walking Stick
- Waterproof matches
- □ Lighter/Flint match
- □ Compass
- □ Whistle (plastic & pealess)
- □ Pocket knife
- □ Cell phone or 2-way radio



General Safety Supplies (Carried in your backpack or vehicle with quick & easy access)

- □ Sounding device (whistle, fog horn etc.)
- □ Signaling device (flashlight, strobe, flares etc.)
- □ Map and/or route card
- □ Compass and/or GPS unit
- □ First aid kit
- □ Throw bag/throwing assist
- \Box 3 8 meters (10 25 feet) of rope



Winter Survival Supplies (Carried in your backpack or vehicle for any trip where emergency assistance might take more than one hour to reach you)

- ☐ High energy foods
- Emergency water supply
- □ Waterproof matches, lighter
- Cotton balls, steel wool & kerosene in watertight container
- □ Signal mirror, flares, candles
- □ LED flashlight & spare batteries
- □ Emergency blanket
- □ Emergency shelter (tarp, tent, garbage bag, etc.)
- □ Duct or electrical tape
- □ Pocket knife, can opener or multi-tool
- □ Extra clothing (weather appropriate)
- □ Small stove & fuel
- □ Small ax & sharpening stone
- □ Cooking utensils (small pot, fork, spoon)
- □ Fishing line and hooks
- □ Snare wire, parachute cord



Final Ice Smart Safety Tips

- Stay off the ice if you have the choice. Not going on the ice means you cannot go through it.
- Always travel with a buddy. Travelling with a friend means there is someone there to help you out if things go wrong.
- Alcohol and winter ice do not mix. Being under the influence increases your risk of getting into trouble. Stay sober and stay safe!







Lifesaving Society Manitoba 100 – 383 Provencher Boulevard, Wpg, MB R2H 0G9

Ph: 204-956-2124; E-mail: info@lifesaving.mb.ca; www.lifesaving.mb.ca